

Available for:

Individual spiritual companioning

Individual directed retreats (one day - eight days)

Small group retreats (one - three days)

Group spiritual companioning

Discernment

Teaching

Introduction to Christian Spirituality

Images of God

Christian Mysticism

Sacraments in the Roman Catholic tradition

Scripture



If you long for a more conscious awareness of God's presence and love, are seeking to nurture your relationship with God, and are willing to commit time and effort to responding to God's call in your life, you may find spiritual companioning helpful.

SPIRITUAL COMPANIONING

Marilyn Bever, CSA

*As a contemplative woman,
Called to Christian discipleship,
my mission
is to provide sacred space
for the emergence, nurturance,
and affirmation of human souls
(spiritual beings
on the human journey).*



SPIRITUAL COMPANIONING



Spiritual companioning (also called spiritual direction) is essentially a relationship between two persons with God as the center or focus. The goal and purpose is spiritual growth and awareness. There is a mutual agreement to be companions for a while on this spiritual journey with one being the seeker and the other a listener and guide. Spiritual Companioning is a sacred space in which religious experiences are named and explored, the relationship with God is discussed and experienced, and the presence and movement of the Divine is honored. There is no one methodology for pursuing this relationship.

BACKGROUND

Marilyn Bever, CSA,
a vowed member of the
Congregation of the Sisters
of St. Agnes,
was Director of the Art of
Spiritual Companioning in
Phoenix (2002-2013).

She received her formation
as a spiritual director at the
Hesychia school in Tucson
and has a Masters degree in
spirituality from Prescott
College in conjunction with
studies at the Interfaith
Theological Seminary in Tuc-
son.

She currently lives in Bis-
bee, AZ.

FOR MORE INFORMATION

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