

# A Prayer in Our Times

Loving God,  
we come to you full of anxiety about what may happen in the coming days and weeks.

Show us with the peace Jesus promised to his disciples  
and make us into steady pillars for those around us.

In this time of uncertainty and epidemic,  
wake us up to the reminder that we are not alone.

Even as we must keep our distance from others,  
help us to find ways to reach out to those who need our support.  
We pray especially for those whose incomes and livelihoods are threatened,

for the children who will miss meals due to school closures,  
for those already isolated, lonely and scared.

Loving God, give them your peace,  
and through our human hands ensure they have what they need.

Sustain, strengthen and protect all caregivers,  
bless them as they offer compassionate care  
and show selfless courage in the face of risk.

Remind us, each time  
we wash our hands,  
that in our baptism  
you call us to let go of  
our fears  
and live in joy, peace,  
and hope.

Amen.

